

Henrietta Weill Memorial Child Guidance Clinic

Therapist I

DEPARTMENT: Clinical
TITLE: Therapist I/II
REPORTS TO: Program Manager
SUPERVISES: N/A
PAYROLL STATUS: Exempt _____ Non-Exempt X

PURPOSE OF POSITION:

Under direction of the Program Manager, provides direct clinical services, at a post-graduate professional level, to children, youth and their families who have been identified through data from Bakersfield Police Department, school administrators, deans, and guidance counselors as being at the highest risk of gun violence as a victim or perpetrator and also does related work as required.

DISTINGUISHING CHARACTERISTICS:

The work performed by the Therapist I/II requires ability to work effectively with school aged children, youth and their families; the ability to work collaboratively with the California Violence Intervention and Prevention (CalVIP) Cohort 3 recipients to implement a Socioecological Model focused on using a public health approach to expand on the CITY's gun violence reduction efforts; and the ability to work collaboratively to prevent and reduce gun violence by addressing 5 Social Determinants of Health: social and community context; access to education; economic stability; access to healthcare; and neighborhood and built environment.

ESSENTIAL JOB FUNCTIONS. AREAS OF RESPONSIBILITY:

Mental Health Services:

- Performs professional mental health services and related duties that may include family and individual therapy, assessments and crisis intervention.
- Provides evidenced based practices (Trauma Focused and Cognitive Behavior Therapy) to children and families who have experienced trauma.
- Builds strong client relationships through consistent and frequent high-quality contacts and activities.
- Assess referrals within a timely manner to identify and/or provide services as deemed necessary.
- Provides home visits.

Trainings

- Ability to confidently engage in public speaking.
- Provide weekly 2-hour trainings to CalVIP outreach workers with tools and skills in the real of self-care and encouraging mental and emotional health support.
- Provides trainings on gun violence prevention and reduction efforts.
- Provide trainings on better family communication, developing positive coping behaviors, contributing to educational success; and strengthening employment skills.

Collaborative Meetings

- Participates in collaborative meetings, with other partners and agencies, promotes mutual accountability and transparency through the use of call-to-actions meetings, shared insight, perspective and information through round-table discussions, collaboration and strategic planning.
- Participates in a collaborative partnership with other partners and agencies to build on collective impact by way of customized and coordinated responses, outreach, mentorship, and delivery of evidence-informed practices to address 5 social determinants of health (i.e., social and community context; access to education; economic stability; access to healthcare; and neighborhood and built environment) that give rise to local gun violence.
- Participates in planning meetings designed to establish a menu of services for individual and their families who have been identified as highest risk to gun violence.
- Participates in and actively support an intensive partnership-based management cycle that: (a) reviews every serious shooting to quickly identify young people at highest risk of violence; (b) generates an action plan specifically tailored to reduce the risk to them and the community; (c) successfully engages them in services; and (d) monitors follow-through for quality and timeliness.

Record Keeping

- Documents program progress and records stats on incidents for review and coordination of strategies.
- Maintains up to date accurate case notes on all activities.
- Provides timely, comprehensive, and detailed program reporting and documentation as required by the Board of State and Community Corrections' (BSCC) data reporting requirements.
- Tracks all key program activity and outcome indicators and support program management and supervision through case reviews, coordination meetings, and the "group strategy"

ERGONOMIC REQUIREMENTS. VARIOUS PHYSICAL FUNCTIONS NEEDED TO PERFORM THE TASK:

- Extensive use of computer equipment; ergonomically organized workspace; Possibly lifting and/or restraining children. Walking on school campus. Playground activities, floor activities and group activities may include - sitting on floor, bending in various positions, standing for periods of time. Sitting for periods of time, reaching and twisting. May be required to carry items for events.

QUALIFICATIONS REQUIRED BY THE POSITION:

This position requires a Master's Degree in a mental health related field and current registration with the Board of Behavioral Science Examiners; basic knowledge of professional methods and techniques of individual, group and family therapy; ability to diagnose and treat children's emotional and behavioral disorders; knowledge of the

Clinic's philosophy; ability to establish and maintain effective relationships with clients, other staff and the public; and an ability to communicate effectively, orally and in writing. Possession of a valid California driver's license and proof of automobile insurance are required.

OTHER ISSUES:

This job description describes a general category of jobs. Employees may be assigned other duties, in addition to or in lieu of those described above as deemed necessary by the Clinic.

Effective Date: : : - : _____ _____ : Approved by: : : : _____ _____
